

CARE PLUS NJ AND NJCRI PRESENTS

THE FAMILY SUPPORT CENTER

A FREE AND CONFIDENTIAL BI-WEEKLY SERIES

STARTING AUGUST 19, 2019, FROM 6PM - 7:30PM

AT THE NJCRI COMMUNITY CENTER

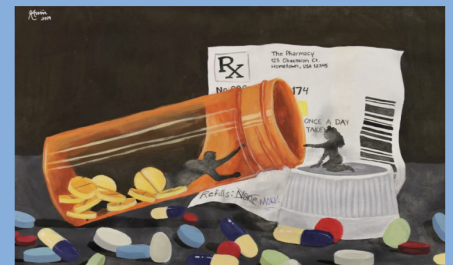
393 CENTRAL AVE NEWARK, NJ 07103

What We Do

Substance use disorder is a devastating condition that affects everyone involved, and no one should ever feel alone. The Family Support Center is designed for families and friends of those dealing with addiction, a woefully underserved population in the drug epidemic. This group is a bi-weekly program moderated by a Licensed Social Worker that will connect you with individuals/families who are facing similar issues, as well as provide attendees with psychoeducational training through the CRAFT model.

WHAT IS CRAFT?

Whether it be a spouse, a friend, or a sibling, family is one of the most influential factors in the successful treatment of addiction. CRAFT, short for Community Reinforcement and Family Training, is an evidence-based model that coaches families to have an all-purpose mental toolkit to support their loved one during any stage of the addiction process. Families will get the tools needed to build healthier relationships with their loved one, support them in moving towards recovery, and improve the quality of their own lives.



Khushi Amin, Outside The Bottle. 2019

Attendees will learn:

- Motivational interviewing
- Resilience training
- Communication strategies
- Behavioral management
- Self-care techniques

FREE AND OPEN TO PUBLIC

The program takes place in a secure and confidential atmosphere that is conducive to sharing and support. Light refreshments will be served.

To RSVP. Register at familysupport.eventbrite.com or call (973) 477-5011

EVENT SPONSORS

